

What does it mean?

Finding
Recreation
In
Education
Not
Disabilities



FRIENDS

Conteh Home Services
4848 Dorr Street
Toledo, Oh 43615
Phone: 419-214-0154
Fax: 419-214-0158
Friends.chs1@gmail.com



Empowering lives
through community
recreation

Phone: 419-214-0154

What do FRIENDS do?



Overview

The FRIENDS program is designed to promote quality of life at a low cost through community involvement, recreational activities, educational classes, and creative crafting. Becoming a member will give you reduced price access to all our FRIENDS events and activities.

Community Involvement

The FRIENDS program encourages community involvement by engaging individuals through outings and fundraising activities. We want all of our participants to feel like an essential part of the community and our program. We believe every member has something important to offer while having fun and exploring new experiences.



Recreational Activities

Part of the FRIENDS program is to participate in recreational outings to encourage exercise of both the mind and the body. We visit places like the Zoo and the Art Museum. We also are planning events like bowling, basketball and a walking club.

Educational Classes

We empower our members by teaching them valuable skills that can be used in daily life; cooking, cleaning, and safety related items are examples of some classes. The goal is to promote independence to all our members.

Creative Crafting

We will have craft sessions that will focus on using our creativity to make, draw, paint or sculpt art. We also make crafts out of recycled materials.

FUNdraisers

To help keep the cost of events low, the FRIENDS program will have fundraisers at different times. We would like all our members to participate and help at our fundraising events. Some of the things we will do are to sell craft projects we create, bake sales, and car washes. We may have to do a little work but we will have more FUN!

To become a FRIENDS member you can fill out the membership application and send a check or money order for the membership fee (\$15) to:

FRIENDS
c/o Conteh Home Services
4848 Dorr St
Toledo, Oh 43615

For more information:
Call 419-214-0154
Email: friends.chs1@gmail.com